

THE NATIONAL CERTIFIED COUNSELOR

THE OFFICIAL NEWSLETTER OF THE NATIONAL BOARD FOR CERTIFIED COUNSELORS

Army Directive Grants Counselors Independent Practice Authority

On July 26, 2011, Secretary of the Army John M. McHugh signed Army Directive 2011-09, Employment of Licensed Professional Counselors as Fully Functioning Army Substance Abuse Program Practitioners. This directive authorizes the Army Substance Abuse Program (ASAP) "to employ licensed professional counselors and licensed mental health counselors as independent practitioners with a well-defined scope of practice." The directive is an expansion of counselor practice rights within the Army, which previously required physician referral and supervision.

The directive also establishes credentialing and privileging standards for licensed professional counselors and licensed mental health counselors who meet the following criteria:

- Hold a master's degree in counseling from a regionally accredited college or university that has its counseling program accredited by the Council for Accreditation of Counseling and Related Education Programs (CACREP). Effective July 26, 2011, this accreditation requirement will be waived for counselors who are already employed with ASAP or have already entered the application process for an ASAP counseling position.
- Possess a state license as a professional counselor or mental health counselor.
- Pass the National Clinical Mental Health Counseling Examination (NCMHCE).
- Achieve the highest clinical level offered by their state licensure board.

The directive became effective upon signature by the Secretary of the Army and will be incorporated into Army regulations governing the Army Substance Abuse Program (AR 600-85) and the privileging of health care providers within Army facilities (AR 40-68).

In conjunction with the new directive, the Army Substance Abuse Program began a national hiring initiative for substance abuse counselors. The ASAP advertisement mentions social workers and psychologists, but ASAP staff members have assured us that licensed counselors are eligible for the positions.

NBCC has heard from many counselors who have not taken the NCMHCE but are interested in the ASAP positions. In an effort to facilitate the hiring of these counselors by the Army, NBCC created a new registration process for the NCMHCE. Counselors who want to apply for these positions, have a state license and would like to sit for the NCMHCE should check the NBCC Web site for

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NCC CORNER

MyNBCC (www.mynbcc.org)—How Can It Help You as an NCC?

Have you logged into MyNBCC? If not, you are missing out on a very helpful tool. One big plus is getting yourself listed on Counselor Find so that members of the public can find you when they are searching for a counselor. Even for the not-so-techy, MyNBCC is easy to use. You can use it to keep your address and telephone number up-to-date and also pay your annual fee so you can save postage and a check. Don't miss out on the free services provided through MyNBCC. Log in today and see what a few clicks can do.

CEUs Versus CE Clock Hours

NBCC gets a lot of calls regarding continuing education (CE) credit. These calls highlight the fact that there is a great deal of confusion about the difference between the CE clock hour and the CEU. Here are the facts: One CEU is actually worth 10 clock hours. Many people think it is equivalent to a clock hour, but that is not the case. Clock hours are the same as contact hours, and both clock hours and contact hours refer to the number of hours you spend actually participating in a learning activity. A certificate of attendance for a 26-hour event would be correct if it read "26 CE clock hours (2.6 CEUs)." Questions? E-mail recertification@nbcc.org.

CE Credit for Leadership

Have you been thinking about running for office or volunteering to be on a committee with your national, state or local branch of a counseling organization? It can be daunting to step forward into a leadership position, but if you need one more check in the "pro" column of your pros and cons checklist, you might want to consider the fact that you can claim 20 CE clock hours for holding an elected or volunteer office in a counseling organization. There are also other leadership activities that count, and you can read about them here: www.nbcc.org/Recertification/CEMethods.

Are You Looking for NBCC Approved CE Providers?

You are in luck! NBCC has completely revamped its database of NBCC approved CE providers, and searching is now easier than ever before. You can search for a particular provider by number or you can get a list for any state. There is even a way to find only home-study providers. Visit www.nbcc.org/ceSearch today.

Psychology Today Offer Still Available!

Visit www.nbcc.org

Click the *Psychology Today* icon at the bottom of our home page for information on the Therapy Directory or a subscription to the magazine!



The NCCs listed below have completed and documented a minimum of 130 hours of continuing education activities in the five-year certification cycle. By doing so, they have demonstrated a dedication to excellence and professionalism. NBCC congratulates these outstanding NCCs.

> Christine A. Breier Naperville, IL

Carl R. Nassar Ft. Collins, CO

Linda D. Savage East Windsor, NJ

Jacqueline Lee Wirth Fort Pierce, FL



Two NBCC credentials-the NCC and the MACare accredited by the National Commission for Certifying Agencies.

Army Directive Grants Counselors Independent Practice Authority

continued from page 1

more information (www.nbcc.org/ NCMHCE). NCCs in good standing qualify for a registration fee discount.

For those who have been tracking NBCC's effort to obtain employment of counselors within the Department of Defense (DOD), there may be confusion as to how this directive relates to the recent congressional mandate included in the FY 2011 National Defense Authorization Act (P.L. 111-383), which directs the Secretary of Defense to adopt regulations authorizing counselors to practice independently under TRICARE.

There is no direct relationship between the TRICARE regulations and Army Directive 2011-09. The TRICARE regulations remain in developmentthe June 20, 2011, deadline having already been missed-and should be released within the next six months. The TRICARE regulations are being developed through an independent process and there is no formal or informal requirement that they establish the same qualifying criteria as the Army Directive. NBCC, the American Counseling Association (ACA) and the American Mental Health Counselors Association (AMHCA) have been urging broad TRICARE regulations that recognize all qualified professional counselors. We have been assured that TRICARE representatives understand our position and will give serious consideration to our comments and suggestions. It is our understanding that the TRICARE regulations will establish permanent policy for counselors practicing within the military health system.

NBCC Hosts State Licensure Boards

NBCC held its annual state licensure boards meeting August 11-12 in Greensboro, North Carolina. The meeting was attended by 65 state licensure board representatives from 34 states, the District of Columbia and Puerto Rico. This annual meeting is an important tool

for cultivating strong working relationships with state licensure boards that enable us to better serve our certificants. This year, we invited board members and administrators from each licensure board in an effort to better understand each state's licensure process.



State board representatives discuss issues specific to their state.

The meeting focused on state licensure examinations

and emerging issues in the counseling profession. The meeting also provided multiple opportunities for representatives to network and share ideas. Numerous presentations were given, including several on ethics-related topics such as ethics repository design and the NBCC *Code of Ethics* review process. Guest speakers included Dr. James P. Sampson, who spoke about standards for distance counseling, and Dr. Carol Bobby and Dr. Martin Ritchie, who discussed the Council for Accreditation of Counseling & Related Educational Programs (CACREP) and its relation to state counselor licensure boards. Richard A. Goldberg, general counsel for NBCC, presented on religion

and counselor education from a legal perspective. Other presentation topics included portability, coaching and continuing education.

To conclude the meeting, attendees traveled to the International Civil Rights Museum in downtown Greensboro for an informative and inspirational talk by



Representatives from Vermont and Kansas who attended the meeting.

Franklin McCain. Mr. McCain is one of the original Greensboro Four who took part in the Woolworth sit-ins in the 1960s. He went on to have a successful career and continues to make a difference in the world through his work in the educational, civic, spiritual and political spheres of the community.

NBCC would like to express its gratitude to those state licensure board representatives who participated in this year's meeting, and we hope that those who were unable to attend will be able to join us next year.

NCC Book and Journal Donations Shipped Worldwide

It was in the winter 2003 edition of the *National Certified Counselor* that NBCC first asked NCCs to donate books and journals for use of reference materials for our counsellors and Trainers of Trainers. Thank you very much."

specifically in Africa. NCCs responded generously to this and subsequent calls for books. Since that time, the donation project has expanded and NBCC International (NBCC-I) regularly sends books to countries around the world.

For example, in early 2009 NBCC-I was contacted by the Ministry of Education and Sports

in Uganda regarding the newly established Department of Guidance and Counselling. Thanks to the thousands of books donated by NCCs, NBCC-I was able to respond to their need for resources and send a shipment of books to the ministry. In his acknowledgment letter, Mr. Wirefred George Opiro, commissioner for guidance and counselling, wrote "... the Ministry of Education and Sports Uganda was in the process of beginning to set up a vibrant Guidance and Counselling Strategy for its educational institutions. These books have gone into forming the initial stock

NBCC-I needs your help to continue to answer requests from other countries for counseling resources.

Please send gently used books and journals published after 1995 to: NBCC-I 3 Terrace Way Greensboro, NC 27403.

Please send any questions to Dr. Wendi Schweiger at schweiger@nbcc.org.

Your generous book and journal donations made this possible. While many countries have begun creating counseling literature specific to local contexts, we have received consistent feedback that the books donated by NCCs help to build initial resource libraries. According to Dr. Andreea Szilagyi, associate vice president of the European Board for Certified Counselors, the European division of NBCC, "the donated books served to build the courses

for a career counseling master's program in Romania, which was the first counseling program ever in my country outside of the Schools of Psychology."

Since 2003, shipments of books have been sent to the following countries, many of which have received multiple shipments over time:

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Malawi

Portugal

Romania

Turkey

Uganda

Philippines

- Bhutan
- Bulgaria
 - Cypress
- Cambodia
- Greece

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- Kenya
 - Macedonia

In order to continue this project, we are again asking for your help. Please send gently used books and journals published after 1995 to NBCC International, 3 Terrace Way, Greensboro, NC 27403. Inquiries regarding this and other NBCC-I projects can be addressed to Dr. Wendi Schweiger at schweiger@ nbcc.org. Plans are currently in the works to ship books to several countries, including Kenya, Malawi and Tanzania, in the immediate future.

We sincerely thank you for your generosity and support of this project.

A new professional journal designed to promote scholarship and academic inquiry within the profession of counseling.

NBCC Is Platinum Sponsor of 2011 ACES Conference

NBCC is proud to have been a platinum sponsor of the Association for Counselor Education and Supervision (ACES) conference this year. NBCC staff and Board members, including current Chair Dr. Brandon Hunt and past Chair Dr. James Benshoff, attended the October conference held in Nashville, Tennessee. Dr. Benshoff represented NBCC as a speaker at the Emerging Leaders Retreat that immediately preceded the conference.

NBCC had the honor of making two presentations during the ACES annual luncheon held on Saturday, October 29. The first was the NBCC Professional Identity Award, granted to three counselor education programs that demonstrate, through a competitive application process, an ongoing commitment to strong professional identity and counseling leadership. Dr. Hunt presented the 2010 winners-Old Dominion University, Purdue University and Boise State University—with plaques. These departments had already received checks for \$5,000.

In addition, Dr. Hunt awarded three universities with honorable mentions. The University of Tennessee at Knoxville, Wake Forest University and Marywood University each received a check for \$1,000.

NBCC is currently accepting applications for the 2011 Professional Identity Award. More information can be found at www. nbcc.org/faculty.

The second presentation during the luncheon was in honor of ACES. Over the past 60 years, ACES has been a fundamental force in strengthening the counseling profession. NBCC acknowledged ACES' contributions by dedicating

NBCC INTERNATIONAL UPDATES

Mental Health Facilitator (MHF) Update

NBCC-I's Mental Health Facilitator (MHF) program is an important tool for expanding mental health service capacity in areas with underserved populations. The following is a list of the most recent trainings of trainers and master trainings offered.

- A training of trainers was held in Thimphu, Bhutan, in May-June 2011, in partnership with Respect, Educate, Nurture and Empower Women (RENEW), and Bhutan's Ministry of Education. Participants from a variety of backgrounds obtained their registrations as MHFs and as trainers.
- The fifth master training was held at NBCC headquarters in Greensboro, North Carolina, in July 2011. Nine participants were trained and registered as master trainers. NBCC-I is pleased to welcome Dr. James Benshoff, Dr. Keith Davis, Dr. Acha Goris, Dr. Brandon Hunt, Dr. Laurie Johnson, Dr. Gayle Klaybor, Dr.

Michael Klaybor, Dr. Rose Quiñones-DelValle and Dr. Steven Scoggin as MHF master trainers.

• A training of trainers was held in Moshi, Tanzania, in July-August 2011, in partnership with the Catholic Diocese of Moshi. Trainees included seminary students and university staff. In addition, two participants obtained their registrations as trainers.

The sixth master training at NBCC headquarters is scheduled for February 2012. NBCC-I plans to hold another master training in the summer or fall of 2012.

Organizations in Japan, Rwanda, Taiwan, Uganda and the United States have contacted NBCC-I to discuss program possibilities. NBCC-I staff will continue working toward the development of additional partnerships.

the 13th edition of *Counselor Preparation* to the organization. In the book's dedication, authors Wendi Schweiger, Donna Henderson, Kristi McCaskill, Tom Clawson and Dan Collins write "ACES serves a vital purpose for professional counseling by focusing on effective preparation and supervision ... ACES' history includes a multitude of counselors that have been involved in developing this organization. We recognize those professionals who have dedicated parts of their career to volunteering countless hours in supporting this important association. ..." (pp. xi)

Dr. Schweiger, Dr. Henderson, Ms. McCaskill and Dr. Clawson presented ACES President Dr. Gerard Lawson with a copy of the recently printed 13th edition and a plaque to commemorate the dedication.

Reference: Schweiger, W. K., Henderson, D. A., McCaskill, K., Clawson, T. W., & Collins, D. M. (2011). *Counselor Preparation: Programs, Faculty, Trends* (13th Edition). New York: Routledge and the National Board for Certified Counselors.

NBCC GOVERNMENT AFFAIRS UPDATE

OPM Occupational Series

On May 31, 2011, the U.S. Office of Personnel Management (OPM) issued a letter to the Department of Veterans Affairs (VA) indicating that the agency would not immediately be creating an occupational series for professional counselors or marriage and family therapists (MFTs). The OPM indicated that it is in the process of reviewing occupational groups and would consider development of new series when the 100 series is reviewed.

NBCC has been a strong proponent of the development of an occupational series for professional counselors since before the profession was legally recognized within the VA. Creation of an occupational series for counselors is integral to federal government employment and national parity. Failure to create an occupational series forces counselors who work for the federal government to be employed in:

- Generic series with no professional identity.
- Established nonclinical series lacking independent practice rights with limited pay and promotion.
- Social work or psychologist series that are not available to most counselors and misrepresent their training and education.

The effort to obtain an occupational series took a big step forward in 2006 when Congress enacted legislation authorizing the employment of counselors in the VA. To create a series, a federal agency must request one from OPM. NBCC pressed VA Assistant Secretary for Human Resources and Administration John Sepulveda for an occupational series during a group meeting on the new law in September 2009. Mr. Sepulveda committed to the issue and followed through on that commitment, submitting a request to OPM in 2010.

NBCC is dissatisfied with the openended time line and has been pressing for more timely action. The coalition of counseling and MFT organizations has communicated with the staff of the House Oversight and Government Reform Committee and the Senate Homeland Security and Government Affairs Committee to discuss legislative and administrative options. The committee staff helped to facilitate a coalition meeting with OPM staff on November 1. The meeting was very productive and the groups were given a tentative time frame of fiscal year 2013 for potential commencement of the development process. While OPM did not guarantee that it will create the series, and the timeline is tentative at best, the process is moving in the right direction and the coalition will continue to press for prompt action.

Veterans

On August 22, 2011, NBCC staff participated in the Department of Veterans Affairs (VA) Office of Mental Health Services (OMHS) stakeholders meeting. The meeting brings together representatives from veteran service organizations, consumer groups, professional associations and VA staff to share information about the VA mental health system.

The meeting provided an informal forum to discuss issues of interest to the VA and represented organizations,



including integration of counselors and MFTs.

On the following day, August 23, NBCC attended the VA national mental health conference, entitled "Improving Veterans Mental Health Care for the 21st Century." The conference provided information about the ongoing transformation and improvement in veterans mental health care, including discussions on the mental health initiative researchinformed practices, clinical innovations, and educational efforts for networks, local medical centers, clinics and the community. Participants included more than 1,000 clinicians, educators and researchers from VA facilities. NBCC, the American Counseling Association (ACA) and the American Association for Marriage and Family Therapy (AAMFT) were granted space to provide information to conference participants about the two professions in an effort to increase education and hiring.

The two meetings afforded NBCC and its coalition allies the opportunity to discuss the slow pace of hiring counselors within the veterans health system. NBCC shared concerns about the limited job vacancies for the profession and the fact that most positions were in vet centers and not medical centers. NBCC organized a productive coalition meeting with Dr. Mary Schohn, the newly promoted director of mental health operations, to discuss ways to accelerate the integration of counselors and MFTs into the VA. NBCC also worked with VA Director of Program Policy Implementation Stacey Pollack on revising the new solicitation for representatives on the National Licensed Professional Mental Health Counselor Professional Standards Board (NLPC-PSB). Counselors working for the VA OMHS are encouraged to contact NBCC if they would be interested in serving on the NLPC-PSB.

Medicare

On September 15, 2011, Rep. Barbara Lee (D-CA) introduced H.R. 2954, which includes a provision to extend Medicare reimbursement to professional counselors and marriage and family

NBCC GOVERNMENT AFFAIRS UPDATE

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therapists. Rep. Lee sponsored the bill on behalf of the Congressional Tri-Caucus—comprised of the



Congressional Hispanic Caucus, the Congressional Black Caucus and the Congressional Asian Pacific American Caucus. The legislation has 71 cosponsors and

includes a host of health care priorities for the three caucuses.

H.R. 2954 is the first House bill to provide Medicare recognition to counselors in the 112th Congress. The coalition of counseling and MFT groups has been lobbying for a standalone House bill since S. 604 was introduced by Sen. Ron Wyden (D-OR). Several representatives have expressed interest in the legislation, but the coalition is seeking strong bipartisan support before introduction.

On October 11, 2011, Sens. Kent Conrad (D-ND) and John Barrasso (R-WY) introduced the Craig Thomas Rural Hospital and Provider Equity

Act of 2011, S. 1680. This bill was filed on behalf of the Senate Rural Health Caucus to identify health care priorities for rural legislators. Cosponsors include Sens. Tom Harkin (D-IA), James Inhofe (R-OK), Tim Johnson (D-SD), Amy

professionals and included language providing Medicare recognition to counselors and MFTs in section 17 of the bill. S. 1680 provides another vehicle for moving this legislation and brings the total number of Medicare bills to three.

The struggling economy has complicated the prospects for Medicare legislation this year. Congressional energy is consumed by the debt crisis and the need to grow jobs and turn around the financial system. Before taking its August recess, Congress passed legislation to increase the debt limit by \$2.4 trillion coupled with \$900 billion in immediate cuts and \$1.5 trillion to be cut by a supercommittee of 12 legislators (three House Democrats, three Senate Democrats, three House Republicans, three Senate Republicans). If the supercommittee fails to enact the required savings by November 23, automatic cuts will occur on December 23. The supercommittee has been meeting to identify areas of agreement.

All legislation is considered within the context of Congress' focus on cutting

National Certified Counselors who are interested in advocating for the counseling profession and receiving more communications on government relations activities are encouraged to join the NBCC grassroots network.

To sign up, send an e-mail to advocacy@nbcc.org with "Grassroots" in the subject line, and your contact information and NCC certificate number in the text.

Klobuchar (D-MN), Pat Roberts (R-KS) and Chuck Schumer (D-NY). The caucus recognizes the need for increased access to mental health spending and increasing revenue. While the counselor-MFT Medicare legislation is scored by the Congressional **Budget** Office to cost only \$100 million over five years (inconsequential in budgetary terms), it is still viewed critically for

increasing spending. Legislators have been hesitant to sponsor the legislation for fear of seeming indifferent to the budget situation. However, sweeping health care proposals to address the financial crisis also may represent opportunities for including the coalition's Medicare language. The threshold for inclusion in any package remains high, but not impossible. The coalition will be exploring all avenues and seeking opportunities to include its legislation in any moving vehicle.

TRICARE/Defense

On July 12-14, 2011, Tim Holloman represented NBCC at an organizational meeting for the Marriage and Family Counseling Collaborative (MFCC). The MFCC was formed to support service members, veterans and their families through education and training of behavioral health providers. The organization is comprised of representatives from the major behavioral health associations in partnership with service and VA providers, university staff and civilian community providers.

At the July meeting, the MFCC changed its name to the Alliance of Military and Veteran Family Behavioral Health Providers (AMVFBHP or Alliance). The group also adopted a mission statement and is considering incorporating as a 501(c)(3), launching a new Web site and conducting a survey of clinicians.

The National Defense Authorization Act for Fiscal Year 2011 (NDAA), P.L. 111-383, directed the Secretary of Defense to prescribe regulations granting counselors independent practice authority under the TRICARE program by June 20, 2011. The deadline passed with no regulations and a tentative new time frame of up to six additional months was established. NBCC continues to press for regulations authorizing all qualified counselors to practice independently. For more information, see the article about the new Army Directive on page 1.

New Board Members for NBCC and Affiliates

NBCC's Board of Directors has elected Keith M. Davis to serve a three-year term on the NBCC Board.

Dr. Davis is the director of the clinical mental health counseling program at Appalachian State University in Boone, North Carolina, where he is also a professor of human development and psychological counseling. He has taught courses on a variety of topics, including group counseling, school counseling, individual and family development, and expressive and creative arts in



Keith M. Davis

counseling. Prior to earning his doctorate in counselor education and supervision at The University of North Carolina–Greensboro, he earned a master's of education in curriculum and instruction, a master's of science in school counseling and an education specialist degree in marriage and family counseling there.

The NBCC Foundation Board of Trustees welcomes three new trustees this year. Sandra B. Barker, Karen Fleak Hauser and Sue Fort White will serve two-year terms on the NBCC Foundation Board.



Sandra B. Barker

Dr. Barker is a professor of psychiatry at the Medical College of Virginia at Virginia Commonwealth University (VCU) in Richmond, where she is also the director of the Center for Human-Animal Interaction, the Bill Balaban Endowed Chair in Human-Animal Interaction, associate director of the inpatient psychiatry program and director of the pet

bereavement service. Additionally, Dr. Barker currently serves as an adjunct professor of small animal clinical sciences at Virginia-Maryland Regional College of Veterinary Medicine in Blacksburg, Virginia. She holds a doctorate in counseling and human systems and a master's in rehabilitation services, both from Florida State University in Tallahassee. She also holds the Master Addictions Counselor (MAC) specialty credential.

Dr. Hauser is chief executive officer of Catholic Charities of Salina, Inc., a private social service agency that covers 31 counties in Kansas and provides numerous programs and services, including mental health counseling, immigration services, disaster relief, and adoption and birth parent services. She earned a doctorate in administration from Southern Illinois University in Edwardsville and a master's in counseling



Karen Fleak Hauser

from Eastern Michigan University in Ypsilanti. Her areas of expertise include counseling, clinical assessment and measurement, public relations, legislative advocacy, fund development, grantsmanship, and personnel management and staff supervision. She also holds the Certified Clinical Mental Health Counselor (CCMHC) specialty credential.



Nashville, Tennessee, which provides crisis counseling services to children and families impacted by sexual abuse. Prior to her work with Our Kids, Dr. White was the family to family coordinator with the Department of Children's Services and created partnerships with family resource centers, neighborhood groups, clergy and community organizations

Dr. White is the executive director of Our Kids, Inc. in

Sue Fort White

on behalf of children and youth in foster care. She holds both a master's of education and a doctorate in human development counseling from Vanderbilt University's Peabody College. Dr. White is an expert in the areas of fund development, advocacy and ambassadorship, program development and promotion, strategic planning, and community outreach.

CCE UPDATE

DCC: The Distance Credentialed Counselor (DCC) is a national credential offered by the Center for Credentialing & Education (CCE) and represents to employers and the public that the individual credential holder has met the established requirements and adheres to the NBCC *Code of Ethics* and the *Ethical Requirements for the Practice of Internet Counseling*.

Applying for the DCC credential is easy. Simply submit a completed application, a certificate of completion from the required training and a \$25 fee. As an added bonus, NCCs receive a \$125 discount on the DCC training fee and acquire 15 NBCC-approved continuing education hours once the training is completed.

Our training partner, ReadyMinds, has made the training available in an online platform so that it is now even more convenient to become a DCC credential holder.

For more information regarding the DCC credential, please visit cce@cce-global. org/dcc. For more information regarding the required training, please visit www. readyminds.com/dcc.

BCC: The December 31, 2011, deadline for applying for the Board Certified Coach (BCC) credential during the inaugural period is quickly approaching. Inaugural applicants will sit for the required examination as part of the norming process. Once the inaugural period ends, applicants will be required to meet additional educational requirements and pass the BCC examination. NCCs can meet the coaching training requirement of the BCC application by documenting just 30 hours, so this is a unique opportunity to pursue a credential that will help to establish your identity as a professional coach.

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One Tool – One Purpose

The Behavioral Management Information System (BeMIS) is a powerful tool with one purpose: To administer, score and interpret Gough's Adjective Check List (ACL), providing professionals with standardized personality data for individual, group, relationship, intrapersonal and interpersonal assessment, description and development. The nonthreatening, quickly completed ACL consists of 300 adjectives and provides standardized data for 37 personality traits. It has been in worldwide use since 1949.

BeMIS is available as PC software, which provides access to all of BeMIS's functionality, or in the cloud, where a requested profile or interpreted report can be delivered by e-mail. Both the PC and cloud applications include the option of online ACL administration. BeMIS provides practitioners with the exact data they need in the format they prefer, and it provides researchers the data they need to investigate behavior in personality terms. However, both practitioners and researchers have access to BeMIS's open environment, where new reports, charts, scales, interpretations and norms are easily created.

In addition to the functionality it provides practitioners and researchers, BeMIS can also be used to identify core behavioral tendencies and to compare a test taker's data to those tendencies for the purpose of facilitating selection (students, employees, etc.) and for career decision-making.

The Center for Credentialing & Education (CCE) is currently providing BeMIS and support to numerous institutions that are using it to facilitate student selection, self-exploration and organizational assessment.

For more information or to become a BeMIS user, e-mail cce@cce-global.org.

The Growth of the Counselor Preparation Comprehensive Examination

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Graduate counselor education programs in 45 states have adopted the **Counselor Preparation Comprehensive** Examination (CPCE) to standardize the measurement of students in counseling programs. The exam was designed to assess students' knowledge of counseling information that is considered important by counselor preparation programs. More than 300 programs across the United States and abroad have adopted the CPCE since its introduction in 1997. In 2011, more than 8,500 students will take the CPCE as part of their program. The growth of the program has encouraged the Center for Credentialing & Education to focus on innovative ways to serve schools and students.

The widespread use of the program is due to both the validity of the instrument and excellent customer service, including providing timely responses and reports. This customer service approach has made it easy for higher education institutions to adopt the instrument.

In September 2010, CCE launched a secure browser-based portal accessible from anywhere in the world—that allows representatives from participating universities to access CPCE documents. This has reduced the reporting time and greatly increased the satisfaction of the universities.

Counselor educators may obtain further information regarding the CPCE at www.cce-global.org/Org/ CPCE. Join the Massachusetts School of Professional Psychology for these NBCC Approved Continuing Education Programs

For more information and to register online, visit www.mspp.edu/ce

Massachusetts School of

Professional Psychology Meeting the Need...Making a Difference

221 Rivermoor Street | Boston, MA 02132

Introduction to Clinical Practice within the Transgender Community Saturday, November 19, 2011 | 9 am–4:30 pm | TC11 | 6 CE Credits | \$135 *Elijah C. Nealy, MDiv, LCSW, instructor*

Suicide: What Mental Health Professionals Need to Know Friday, December 2, 2011 | 9 am–4:30 pm | S611 | 6 CE Credits | \$145 *Lisa Firestone, PhD, instructor*

A Developmental Understanding for Assessing and Treating Violent Individuals

Saturday, December 3, 2011 - | 9 am-4:30 pm | V611 | 6 CE Credits | \$145 Lisa Firestone, PhD, instructor

Eating Disorders: Practical Considerations in the Diagnosis, Assessment & Treatment of Children, Adolescents, Adults & Families Friday, February 24, 2012 | 9 am–4:30 pm | ED63 | 6 CE Credits | \$135 *Mona Villapiano, PsyD, instructor*

Overcoming the Immunity to Change Saturday, February 25, 2012 | 9 am–4:30 pm | RK60 | 6 CE Credits | \$135 *Robert Kegan, PhD, instructor*

MSPP Academic Programs

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- Understand and learn how to "witness" a child's traumatic experience to appreciate what they're going through
- Discover more about evidence-based research outcomes that support the value of TLC's structured sensory programs in schools and agencies.

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*Includes online texts, videos, quizzes and certificates

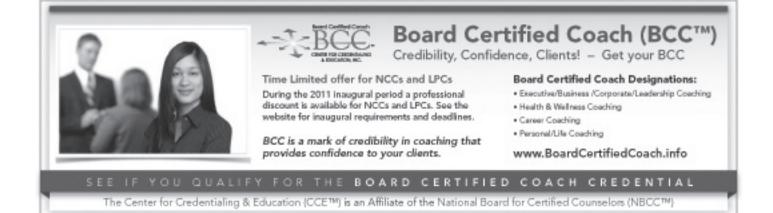
Addictions Adolescents Assessment Brief Therapy Case Management Child Abuse Co-Occurring Disorders Criminal Justice Crisis Intervention Client Centered Care Detox Developmental Stages Documentation Domestic Violence Eating Disorders Ethics Group Counseling Medication and Methadone Mood Disorders Counseling Motivational Interviewing Supervision and more...

Approvals

NBCC #6261 NAADAC #599 CBBS: PCE4556 CAADAC: os-09-109-0311 Florida Boards of Nursing and Counseling #8363 Texas State Board of Social Work Examiners #5009

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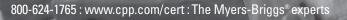
Note: Most states accept NBCC approved CEUs for licensure renewal.





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NBCC FOUNDATION UPDATE

Meet the NBCC Foundation



Sherry L. Allen

The NBCC Foundation enters a new era with new staff and board leadership. Sherry L. Allen joined the Foundation as executive director on July 1, and is the first full-time executive staff member. She brings more than 20 years of experience in nonprofit management and fund development. Prior to joining the Foundation, Ms. Allen was the president and CEO of Youth & Family Services Network, a national member organization of direct service organizations. "The Foundation has a great platform from which to build, and I am honored to join the NBCC family," says Ms. Allen.

July 1 also marked the beginning of a new year for the Board of Trustees. Returning trustees Dr. William Byxbee and Dr. Wayne Lanning serve as Chair and Vice-chair, respectively. The Board welcomes three new trustees: Dr. Sue Fort White, executive director of Our Kids, Inc. in Nashville, Tennessee; Dr. Sandra Barker, professor of psychiatry and endowed chair at Virginia Commonwealth University (VCU), as well as director of the School of Medicine Center for Human-

Animal Interaction at VCU Medical Center in Richmond, Virginia; and Dr. Karen Hauser, CEO of Catholic Charities of Salina, Inc. in Salina, Kansas. According to Board Chair Dr. Byxbee, "Our new board members combine the best of all possible worlds: complete dedication to the mission of the NBCC Foundation and a wealth of practical experience in the area of grant writing and fund-raising." To learn more about the new trustees, turn to page 8.

The NBCC Foundation Board of Trustees met September 13-14, 2011, and approved the funding priorities for the coming year. The priorities include continued funding for master's-level counseling scholarships focusing on service to rural and military communities, as well as for the NBCC-I Mental Health Facilitator program. The Foundation will initiate new scholarship priorities in 2012 that are intended to increase counselor availability



NBCC Foundation Board members and staff gather for dinner following the meeting. Pictured (l to r) are Donna Mastrangelo, Sherry Allen, Karen Hauser, William Byxbee, Sue Fort White, Sandra Barker, Wayne Lanning and Thomas Clawson.

in underserved urban areas, and also to support graduate studies for Global Career Development Facilitators (GCDFs). More information will be distributed soon through the Foundation Web site, <u>www.nbccf.org</u>.

Chank You

A big thank-you to the 337 individuals who made generous contributions to the Foundation this summer.

To learn more about the Foundation or to show your support by making a donation, please visit the Foundation's Web site at **www.nbccf.org** or send your contribution to the address below.

NBCC Foundation Terrace Way Greensboro, NC 27403

for your support!

2010 NBCCF SCHOLARSHIP RECIPIENT CLOSE-UPS



David Weisenhorn is both a student and a graduate of Appalachian State University where he is pursuing a master's degree in clinical mental health counseling. Shortly after finishing basic training, Mr. Weisenhorn witnessed the trauma and heartbreak caused by 9/11.

That experience sparked a passion within him—a passion to help those in need. Mr. Weisenhorn plans to live this passion by helping his fellow veterans as a counselor, and is already broadening his skills by obtaining a postgraduate certification in addictions counseling.

What led you to pursue a career in counseling?

The most vivid event was while serving as a chaplain assistant during the attack on the Pentagon on September 11, 2001. The weeks spent on the Pentagon lawn seeing tears of the hopeful parent or spouse and listening to the stories of the soldiers during the clean up gave birth to the desire to counsel young soldiers and their families. I discovered the effects of trauma and the need for so many to be helped along the way to recovery.

What are your short- and long-term goals as a professional counselor? For the community/population you've committed to serve?

During my service time, I saw firsthand the effects of war on my fellow soldiers, out of which grew a strong desire to serve our veterans and work closely with those suffering from post-traumatic stress disorder (PTSD) and struggling with substance abuse. I have every intention to help bring healing to so many that have given so much.

The Department of Veterans Affairs has just opened up mental health provider jobs within the VA to professional counselors, offering hope that I may be able to spend a career giving back to our military brothers and sisters.

What impact has the NBCCF scholarship had on your life? What does it mean to you personally and professionally? Personally, it was confirmation that I have given myself to the right profession. That I chased a dream and it was the right one. Professionally, it propels me to work harder and give myself more fully to the community in which I plan to serve.

NBCC Foundation wants to be YOUR instrument for funding issues important to you. Donations to the Foundation support the counseling profession through scholarships and community capacitybuilding grants. Make a difference! Get involved. Make a donation. Go to www. nbccf.org and click "I want to ... "

Donations are tax deductable, and may be made as honorarium or memorial.

Shirley LaForce-Gillians is a

graduate of Paine College and is enrolled in Mercer University's master's in clinical mental health counseling program. She realized that counseling was the right career for her after a yearlong deployment to Iraq in support of Operation Iraqi Freedom. While deployed, she witnessed firsthand the needs of her fellow service members. Ms. LaForce-Gillians currently works



within the Department of Veterans Affairs where she is able to work with colleges, hospitals and other organizations to bring readjustment services to veterans. Upon obtaining her counseling degree, she plans to work as a counselor and then a team leader to further serve the military population.

What are your short- and long-term goals as a professional counselor? For the community/population you've committed to serve?

I hope to serve as an advocate to bring general awareness of the readjustment process and issues these combat veterans face. . . . Also to maintain an outreach program to assist these veterans and their families. Being prior military helped me to realize that I am capable and willing to assist this population with the many transitions and issues that they may encounter in life.

> What does becoming a National Certified Counselor (NCC) mean to you personally? Professionally? Becoming a National Certified Counselor means a lot to me. It means that I have put in the time and effort to gain the best knowledge and experience to become an effective counselor within this field. It also means that I am part of an organization that strives to promote high standards and awareness of counseling within communities and beyond.

What impact has the NBCCF scholarship had on your life? What does it mean to you personally and professionally? The NBCCF scholarship has proven to me that I am capable of being the best counselor that I can be. I am very appreciative and feel honored to be a recipient of this award which recognizes my accomplishment thus far. Receiving this scholarship is a motivation to continue striving personally within this profession and to continue promoting the profession while bringing awareness for clients within communities.

2010 NBCCF SCHOLARSHIP RECIPIENT CLOSE-UPS



Danielle Dorfer is a graduate of Paul Smith's College and is enrolled in the State University of New York at Plattsburgh's master's of mental health counseling program. A proud and long-term resident of the North Country of New York state, Ms. Dorfer has embraced the wilderness of her area and uses it as a therapeutic tool in her role within a community program to serve

at-risk adolescents. She plans to continue serving her community as a counselor and offer services that address issues prevalent in her town, such as unemployment and addiction.

What led you to pursue a career in counseling?

I couldn't say the words "I am angry" until I was 20 years old. I grew up holding all of my emotions in and it almost killed me. I had a math teacher once who said she hated math growing up because she didn't understand it. She was determined to learn how to teach math to others in hopes to save her students some of the agony she went through. Today . . . I hope that I can teach the skills that I so desperately needed to learn.

What are your short- and long-term goals as a professional counselor? For the continued growth of counseling as a global profession?

My long term goal is to learn more about how to incorporate nature, spirituality and ceremony into healing. I would like to develop my own practice that incorporates all of the skills I have learned in wilderness therapy. Globally, I would like counseling to get back to the earth in terms of grounding and making connection with things outside of the individual in a spiritual and community sense.

What impact has the NBCCF scholarship had on your life? What does it mean to you personally and professionally?

I am so grateful for this scholarship. This is my last semester and although I have worked between sessions, I was coming up short on money and was struggling to make ends meet. I feel honored that I was selected out of so many applicants and this . . . gives me the freedom to focus on my clients and my developing counseling skills. **Kay Lechner** is a graduate of St. Norbert College and is enrolled in Valparaiso University's master's in clinical mental health counseling program. Ms. Lechner realized her calling to serve in a rural area after seeing her family and neighbors in rural Wisconsin drive for miles to obtain medical and mental health care. Her decision was reinforced during a study abroad in Rome



where she worked to help many of the poor and homeless living there. She has committed to working in rural Wisconsin after graduation to bring mental health services to those with little or no access to such care.

Is there one experience that you've had as a volunteer/ counselor/counselor-in-training that stands out from the rest?

One training experience that stands out . . . is the work I did with a student during my internship at a local, rural school. One day the kindergarten teacher sent a student to see me because the teacher was unsure how to handle the student's frequent crying in class. As I talked with her I allowed her to color on some paper to ease her anxiety, as I knew coloring was an activity she enjoyed. The young girl drew five flowers all in a row. The middle flower had only one petal; all the petals from that flower were on the ground. She looked up at me and explained simply, "The middle flower is dying, because it isn't getting enough water." Knowing she was the middle of five children in her family, it struck me at once that she was not getting the attention she needed at home to be able to thrive fully.

I often think of this experience when I think about rural communities. To me, the need in rural communities is obvious, just as the thirsty and dying flower was so obvious on this girl's page in front of me.

What does becoming a National Certified Counselor (NCC) mean to you personally? Professionally?

Becoming a National Certified Counselor is an important goal for me, and has been since I learned of the NBCC organization. This credential will allow me to demonstrate that, as a counselor, I have met national standards developed by mental health professionals, something that will be invaluable in my practice and my professional development. Holding up this standard and maintaining the best practices possible will ... help community members begin to learn more about the counseling profession.

Newly Approved Continuing Education Providers

Biblical Seminary Counseling Department; #4562; Hatfield, PA; www.biblical.edu/index.php/counseling/master-of-arts-mac

Blue Basin, Inc.; #6528; Houston; www.bhctraining.com

Bruce J. Spencer, Ph.D.; Seattle

CEUonestop; #6529; Rockville, MD; www.ceuonestop.com

College of New Rochelle; #4500; New Rochelle, NY; www.cnr.edu

Core Values Counseling, LLC; #6527; Beaverton, OR; www.CoreValuesCounseling.com

Elite Consulting Unlimited; #6513; Shelby, NC

Family Psychological Services, PC; #6526; Greely, CO; www.palytherapy.ws

Father Flanagan's Boys Home; #6517; Boys Town, NE; www.boystown.org

Gentle Reprocessing, LLC; #6509; Rutland, MA; www.gentlereprocessing.com

Idaho Coalition Against Sexual and Domestic Violence; #6519; Boise, ID; www.engagingvoices.org

Idaho Society of Individual Psychology (ISIP); #6525; Boise, ID; www.adleridaho.com

Messiah College; #4563; Grantham, PA; www.messiah.edu/academics/

North Carolina Psychoanalytic Society; #6518; Chapel Hill, NC; www.ncanalysis.com

North Carolina State University Counseling Center; #6534; Raleigh, NC; www.ncsu.edu/stud_affairs/counseling_center/

Northwest Frontier Addiction Technology Transfer Center; #6531; Portland, OR; www.nafttc.org

The Upside Down Organization; #6514; Baltimore; www.upsidedownorganization.org

Treeside Institute for Clinical Advancement; #6520; Lake Orion, MI; www.treesidecounseling.com

University of Massachusetts Medical School; #6524; Worchester, MA; www.umassmed.edu/tobacco

University of Phoenix Santa Teresa Learning Center; #4564; Santa Teresa, NM; www.phoenix.edu/campus-locations/nm/new-mexico-campus/santa-teresa-learning-center.html

We Are Mosaics; #6505; Markham, VA; www.wearemosaics.com

Continuing Education Providers Not Renewing

CE providers that did not renew their NBCC-approved status in 2010 are listed below. Providers interested in reinstating NBCCapproved CE provider status should e-mail recertification@nbcc. org. The 2011annual updates and renewals were due April 30, 2011. Providers needing an extension to submit the 2011update or renewal should contact NBCC at recertification@nbcc.org.

American Healthcare Institute of Clinical Training & Research; #5106

Anthony J. Siracusa; #6041

Ashland School of Hypnotherapy; #6256

Baptist Health Systems; #6077

Beneficial Film Guides, Inc.; #6218

Bully Safe Schools; #6328

Career Resource Center; #5131

CASA—Natl. Center on Addiction & Substance Abuse at Columbia University; #6307

Catholic Charities Diocese of Metuchen; #6111

CE-NOW.com; #6347

Centennial Area Health Education Center; #5058

Center for Human Development; #6249

Clear View Psychological Services; #6322

continued on page 18

NBCC Unveils New CCMHC Application

NCCs have been telling us that they want to apply for the Certified Clinical Mental Health Counselor (CCMHC) specialty credential, but are reluctant to because of the time it would take to obtain all the documentation they have already submitted for their NCC and state license. We have heard their feedback and are pleased to introduce the 2012 CCMHC Application for State Licensed Counselors. This new application provides an expedited route for professional counselors who hold a state license. NCCs who are licensed in their state may be eligible to use this new application to complete the certification process with ease. The new application is offered at a special price for NCCs: \$25, or \$75 if they need to take the National Clinical Mental Health Counseling Examination (NCMHCE).

CCMHC for State Licensed Counselors Application Requirements:

- Completion of 60 hours of graduate counseling coursework, including a master's degree (48 semester/90 quarter hours) or higher in counseling from a regionally accredited university. Applicants who completed fewer than 60 semester hours (or 90 quarter hours) of graduate-level credit in their counseling degree can use credits from nondegree counseling coursework for the lacking 12 semester hours (18 quarter hours). Certificate credits will be accepted to fulfill the additional requirement.
- A full and current license from a state professional counselor licensure board or the California Registered Professional Counselor (RPC) credential.
- A passing score on the National Clinical Mental Health Counseling Examination (NCMHCE).

The 2012 CCMHC Application for State Licensed Counselors can be found at www.nbcc.org/Specialties/CCMHC.

Continuing Education Providers Not Renewing

continued from page 17

Collaborative Medical Education Inst; #6370

Columbia University/Counseling Psychology; #5821

Compact Clinicals; #6234

Data Trace Publishing Company; #6286

Duke Child and Family Study Center; #6345

eLearning Essentials; #6235

Family Care for Children & Youth, Inc.; #6089

Fireside Forensic Services; #6087

Foundations for Successful Relationships; #6333

Greenwood Professional Seminars; #6278

Julian M. Ridolphi; #6033

KidsPeace National Ctrs for Kids Overcoming Crisis; #5275

Leonore M. Foehrenbach; #6037

Life Purpose Institute; #5783

Lighthouse Education, Inc.; #6351

Living Hope Texarkana; #6315

Louise M. Aldrich; #6039

MAPS-MD; #6355

Mid-South Institute of Neurolinguistic Programming; #5379

Mytherapynet.com; #5974

National Fibromyalgia Assn; #6360

New Directions: Consulting and Clinical Services; #5894

New England Forensic Associates; #5626

North Carolina Family-Based Services Assn; #6166

Northwood Health Systems, Inc.; #6224

Orchard Park; #5804

Organic CEUs; #6324

Pennsylvania Psychological Association; #6150

Personal Dynamics; #6207

Regional Psychiatric Services of NEA; #5696

Sage Healing Institute; #6223

Savannah Family Institute; #5854

UAMS-AHEC South Arkansas; #6123

Wellness Plus; #6215

Wellspring; #6289

Western Colorado Area Health; #5186

Worthington Center, Inc.; #5737

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NEWSLETTER EDITOR KATHERINE CLARK

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NCC NETWORK

Lourra Barthuly, NCC, LPC, of Eagle, Colorado, recently published a children's book to assist children through change. In the children's book *Ouishy Squishy Brain Shop*, Dr. Lourra B helps young minds adapt to change through her charming characters and entertaining plotline. In the story, Dalton experiences many changes that make him upset—his class misses recess, karate class is cancelled, and he is unable to present his science experiment. Dalton's mom takes

him to the Ouishy Squishy Brain Shop, where he learns that his brain must stretch and bend because things change. Therapists can use the book as a tool in therapy. The book is available through bookstores nationwide,

GOT NEWS?

If you would like to submit an item for NCC Network, refer to the guidelines and deadlines on our Web site: www.nbcc.org/ Newsletter/Submissions

from the publisher at <u>www.tatepublishing.com/bookstore</u>, or by visiting barnesandnoble.com, borders.com or amazon.com.

Rubin Battino, NCC, LPCC, of Yellow Springs, Ohio, recently published two books, both of which are available from <u>www.Lulu.com</u>. The first book is entitled *Healing Language. A Guide for Physicians, Dentists, Nurses, Psychologists, Social Workers, and Counselors*. It contains 68 scenarios, each with examples of healing language, and some with examples of harmful language. There are also responses to questionnaires by doctors, nurses, patients and caregivers. The title of the second book is *Howie and Ruby. Conversations 2000-2007*. This book is essentially an oral history of Howard H. Fink, Ph.D. He is a clinical psychologist who grew with and participated in the development of psychotherapy in the United States after World War II. Dr. Fink is one of the rare Fellows of the American Academy of Psychotherapy particularly interesting. Battino is the author or co-author (one book) of seven other books on psychotherapy (most available from Crown House Publishing or Amazon.com).

Patrick F. Cioni, NCC, LPC, of Scranton, Pennsylvania, has been notified by the Center for Credentialing & Education that he has met the qualifications for the Approved Clinical Supervisor credential. His chapter "Hate, Revenge and Forgiveness: A Healthy Ego-Strengthening Alternative to the Experience of Offense" has been published in the book *Psychology of Hate* (2010) by Nova Science Publishers.

Rosemarie Scotti Hughes, NCC, NCSC, LPC, LMFT, of Virginia Beach, Virginia, was awarded the rank of Dean Emerita from the School of Psychology and Counseling at Regent University. The award banquet in her honor was held in December 2010. She had worked at Regent for 23 years, and had been dean for 15 years. She is now in private practice at Eden Counseling Center in Virginia Beach and is an online faculty member at Liberty University, Argosy University (Washington D.C.) and Nova Southeastern University. She is on the board of editors for *Counseling and Values* and *The Journal of Religion, Disability, and Health*. She is the author of three published books and many articles. She was on the Board of Counseling for Virginia for eight years and served as its chair for two. She also was president of the American Association of State Counseling Boards (AASCB) and worked extensively with NBCC, notably on the issues of portability for counselors.