Introduction to Play Therapy

Program Agenda

Total CE Credit Hours Available: 3

9–9:15 AM Introduction/Overview of the Program Learning Objectives (Lecture)

9:15–9:45 AM       The Function of Play (Lecture)
• History and Development of Play Therapy
• Neuroscience and the Developmental Importance of Play

9:45–10:15 AM     Directive Play Therapy (Lecture)
• Overview
• Interventions for Use in Clinical Practice
  o Therapeutic Rapport-Building Activities
  o Activities to Promote Developmentally Appropriate Introspection and Communication of Needs
  o CBT Approaches and Directive Play Therapy Interventions

10:15–10:45 AM    Practice Directive Play Therapy Interventions and Debrief in Dyads (Experiential Learning Activity)

10:45–11 AM        Break (Not Included in CE credit hours)

11–11:30 AM        Non-Directive Play Therapy (Lecture)
• Overview
• Interventions for Use in Clinical Practice
  o Tracking
  o Reflection
  o Esteem Building
  o Limit Setting

11:30 AM–12 PM Practice Non-Directive Play Therapy Techniques and Debrief in Dyads (Experiential Learning Activity)

12–1 PM Treatment Planning and Selection of Play Therapy Interventions (Lecture)
• Play Therapy Interventions and SMART Goals
• Documenting and Communicating Treatment Progress
• Family and/or Support System Involvement in Treatment
• Multicultural Considerations

1–1:15 PM Question and Answer (Group Discussion)

1:15–1:30 PM Completion of Evaluations (Not Included in CE credit hours)

Additional Tips

• Closely review NBCC Continuing Education Provider Policy (Policy) Section I.1 for further explanation on how to calculate NBCC credit and issue to participants.

• *Consistent with Policy Section I.1 requirements, NBCC credit may not be awarded for time that does not involve the presentation of qualifying content. Qualifying experiential activities and group discussion that are integrated throughout a structured CE program may qualify to be offered for NBCC credit as long as these activities support the learning objectives. Breaks and lunches may not be included in the number of NBCC credit hours offered for completion of a CE program.

• Asynchronous activities that are associated with a live, interactive CE program may not be included in the number of NBCC credit hours offered for completion of the program (e.g., time spent completing evaluations). *See additional tip below.

Related Resources

• Tips for Preparing a Single Program Application
• Tips for Providers Designing Promotional Material for SP Approval
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